



OUTBOUND EXCHANGE BLOG

City University of Hong Kong – Lai Ching Hei

My Profile

- My Name: Lai Ching Hei
- My Host Institution: University of Zurich
- My Department: Department of Biology and Chemistry
- My Programme: Bachelor of Science (BSC4)
- My Exchange Period: Year 3 (Semester A)

My pre-departure checklist

- Application for student visa
- Courses selection
- Proposed application for credit transfer
- Find a residence in the host country
- Purchase insurance
- Money/Currency

Just arrived ...



Shopped for daily stuffs!



First meal in the Switzerland!

My place



The view outside my window

The kitchen and common areas



My place



And my room! I lived together with other exchange students in a dorm.

My class

- Knock the table after class as a sign of “thank you”



This photo was taken when I was doing a presentation.

People I met



A mountain of pancakes!
All the people I met are friendly and nice.

Out of classroom



Adventure trip organized by the ESN.

Goodbye

- It's time to say goodbye...
- Met a lot of new friends, saw a lot of good views, experienced a lot of brand new things
- Never regret of going on exchange!

Home sweet home

- Learnt to be more independent and brave
- Did all the housework and cooking all by myself

Overall rating

- 5 (the most satisfied)
- Once-in-a-lifetime experience!