



“Passion is the quickest to develop, and the quickest to fade. Intimacy develops more slowly, and commitment more gradually still”.

*Robert J. Sternberg*

# LOVE, SEX, AND RELATIONSHIPS

Psychological Perspectives

# AIMS OF THE COURSE

- To facilitate understanding of the diversities of love, sex and relationships across cultures from a psychological perspective so that students will be able to
  - build healthy and long-lasting interpersonal relationships both for romance and for work
  - apply practical and creative solutions to human relationship problems in both interpersonal and work settings.

# HIGHLIGHTS OF COURSE CONTENTS

## ○ Theories of Love

- Friendship and love
- Marriage and intimacy

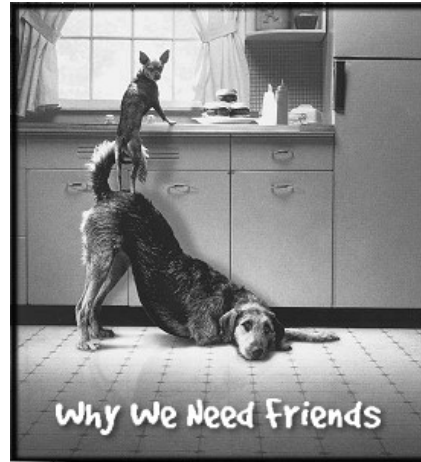
## ○ Theories of Sexuality

- Sex and mating: evolutionary psychology
- Sexual socialization and orientation

## ○ Idealized pattern of sexual intimacy

- The trinity of love, sex and marriage
  - The Judeo-Christian and Chinese traditions

- Relationships in work settings



- Intimate relationships



# LEARNING ACTIVITIES

- To stimulate thinking using a “jigsaw” classroom
  - Each jigsaw group is required to analyze an assigned topic, which is posted on the internet Blackboard in advance of the class time. In a jigsaw group, students are like the pieces of a jigsaw puzzle because they are required to analyze the assigned topic using different perspectives, and each student’s part in the group is essential for the completion and full understanding of the final product. In other words, each student in each group “educates” the whole group about her/his speciality.



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