

Email Broadcast Message

To: International and Non-local Students – All Full-time bachelor's degree non-local students (including Exchange Students, Year 1-3 mainland students and Foundation Year students)

Cc: Foundation Year Coordinators; Exchange Coordinators

Dear students,

In view of the threat of avian (bird) flu around the world, especially in the South East Asian countries, the Hong Kong Government is stepping up its protection and prevention measures. CityU has already set up an Ad-hoc Group on Prevention of Avian Flu advising students and staff of the information about avian flu and the precautionary measures to prevent or protect against any outbreak.

As the semester break is approaching, you might be making your traveling plans for the break, or for exchange students traveling plans before returning home. With the recent cases of avian flu reported in Cambodia, Indonesia, Thailand, Vietnam and the Mainland China (Anhui, Hunan, Hubei, Inner Mongolia, Liaoning and Xinjiang), you are strongly advised to make the following preparation and precautionary measures if you are to travel to these places

1. Consult your doctor and get vaccinated as appropriate before departure (Note that influenza (flu) vaccination should be received two weeks before departure);
2. Always observe personal (keep hands clean in particular) and environmental hygiene;
3. Wear a mask wherever possible;
4. Avoid contact with birds/poultry and their droppings. After contact with birds/poultry, wash hands thoroughly with liquid soap and water immediately;
5. Pay attention to the Governments guidelines and announcements;
6. Watch out for the latest situation of the influenza pandemic in the areas;
7. Always bring along with you an emergency contact while you are traveling;
8. Have medical insurance covering the period of your trip.

(* Consult doctors promptly if you have symptoms of influenza after returning from the endemic areas.)

For students who will have field trips to farms/parks where there might be contact with birds/poultry, please pay special attention to the above measures #1-5 wherever possible.

For more information, please visit the following websites

[Travel Health Advice](#)

[Health Tips for Travelers](#)

[Campus Prevention of Avian Flu \(CityU\)](#)

[The HKSAR Government website on Prevention of Avian Influenza](#)

[Centre for Health Protection](#)

[Department of Health](#)

[World Health Organization](#)

International and Non-local Student Office
18 November 2005