



Opening of Temporary Physical Fitness Room II

We are delighted to announce the opening of a temporary Physical Fitness Room II in James Liu Multi-Purpose Room starting from 4th September 2023 (Monday). The opening hours would be as follows:

Monday to Friday: 12:00 - 18:00
Weekends & Public Holidays: Closed

The room's capacity would be set at a maximum of 12 persons per hour. Eligible users of the Physical Fitness Room can book a session in this room via the [Sports Facilities Booking & Information \(SFBI\) System](#). Please click on the link below for more information:

https://www.cityu.edu.hk/sds/web/pesports_srfacilities.shtml

Should there be any enquiries, please email sope@cityu.edu.hk or call the General Office of Physical Education Section at 3442 8025 during office hours.

Physical Education Section
Student Development Services
1 September 2023



開放臨時二號健身室

我們很高興宣佈臨時二號健身室將於二零二三年九月四日（星期一）起，在廖英賢多用途活動室開放。其開放時間如下：

星期一至星期五： 12:00 - 18:00
星期六，日及公眾假期： 關閉

該活動室將會設定為每小時最多 12 人使用，健身室合資格使用者可於城大之[運動設施訂場系統預訂場地](#)。詳情請參閱以下網址：

https://www.cityu.edu.hk/sds/web/pesports_srfacilities.shtml

如有任何查詢，請於辦公時間內致電 3442 8025 體育部或電郵致 sope@cityu.edu.hk。

學生發展處體育部
二零二三年九月一日

