

Positive Education Seminar Series (1):

Training Courses by the Institute of Positive Education Geelong Grammar School, Australia

26 - 27 November 2015
Venue: Rm. 3505, 3/F Academic 2, City University of Hong Kong

Deadline of Early Registration: 30 September 2015*

Deadline of Registration: 15 November 2015

26 November 2015 (Thursday)

Theme	Designing Positive Education 9:30am – 12:30pm Positive Education: A Whole School Approach 2:00pm – 5:00pm Implementing Positive Education
Language	English with powerpoint slides in English & Chinese
Registration Fee	HK\$200

27 November 2015 (Friday)

Theme	Embedding Character Strength 9:30am – 12:30pm Introducing Character Strengths 2:00pm – 5:00pm Applying Character Strengths
Language	English with powerpoint slides in English & Chinese
Registration Fee	HK\$200

Registration and Enquiries

For registration, please go to the link: <http://goo.gl/forms/fDwHaVtjxt>. Should you have any enquiries, please contact Ms. Kathy Siu at 2504-3988 or email at contact@beishantang.org.

*** Quota and Early Registration**

As seats are limited, each school can register for a maximum of 5 seats. Participants can enjoy a 50% off discount if register both courses at the same time in the early registration period.

The original course fee of each full-day course is AUD 410 (approx. HKD2,460) per person. The training courses in Hong Kong are sponsored by the Bei Shan Tang Foundation and are not-for-profit. Any course fees received will only be used to support the operation of the courses and the course materials.

Presented by



INSTITUTE OF
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Organizer



香港城市大學
City University
of Hong Kong

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Partners



澳洲 Geelong Grammar School 「正向教育培訓課程」

2015 年 11 月 26 日 及 27 日

地點：香港城市大學學術樓(二) 3 樓演講廳 3505 室

提早報名優惠期至：2015 年 9 月 30 日*

截止報名日期：2015 年 11 月 15 日

2015 年 11 月 26 日 (星期四)

主題	正向教育課程設計 (Designing Positive Education)
時間	9:30am – 12:30pm 正向教育：全校實踐模式 (Positive Education: A Whole School Approach) 2:00pm – 5:00pm 實踐正向教育 (Implementing Positive Education)
語言	英語，附以中、英文簡報投影片
報名費	港幣\$200

2015 年 11 月 27 日 (星期五)

主題	性格強項的培育 (Embedding Character Strength)
時間	9:30am – 12:30pm 性格強項的介紹 (Introducing Character Strengths) 2:00pm – 5:00pm 性格強項的應用 (Applying Character Strengths)
語言	英語，附以中、英文簡報投影片
報名費	港幣\$200

報名及查詢

如欲參加上述課程，請前往以下網頁報名：<http://goo.gl/forms/fDwHaVtixt>。如有任何查詢，歡迎致電 25043988 或電郵 contact@beishantang.org 聯絡蕭女士。

* 名額及提早報名優惠

由於座位有限，每間學校的報名名額為最多 5 位。凡於 2015 年 9 月 30 日前同時報讀兩個課程，每個課程將享有五折優惠。

此培訓課程費用原為每位每天澳幣 410 元(約港幣 2,460 元)。本港課程為非牟利課程，所有收費將用於課程的營辦及課程講義，其餘支出將由北山堂基金資助。

主講



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主辦



香港城市大學
City University
of Hong Kong

主辦及贊助



北山堂基金
Bei Shan Tang Foundation

合作伙伴



About the Training

Thursday, 26 November 2015

Designing Positive Education

How to Design a Whole-School Approach for Student and Staff Wellbeing

Overview

This is a course for school leaders, change agents and individuals looking to enhance or transform wellbeing in schools. Participants will hear about Positive Education from experienced Geelong Grammar School (“GGS”) leaders. The lead trainers will explain the science of Positive Psychology, the benefits of Positive Education and the key elements of wellbeing within the GGS Model for Positive Education. Participants will discuss and explore a whole-school approach to Positive Education within the framework: Learnt it, Live it, Teach it, Embed it.

Key Learning Intention

During this course, participants will gain an understanding of:

- The science of Positive Psychology
- The benefits of and evidence for Positive Education programmes
- The key elements of Positive Education
- How to get started with implementing Positive Education at your school
- Geelong Grammar’s journey and lessons learnt along the way

Friday, 27 November 2015

Embedding Character Strengths

Knowing and Utilising What Is Right with You

Overview

In this course participants will gain an in-depth understanding of how to establish a strengths-based approach to foster positive relationships, improve academic learning and to enhance school culture. This course will provide participants with a personal insight into their own character strengths profile, including ownership of one’s signature strengths as well as awareness of the shadow-side of particular strengths. Extensive Character Strength research will be distilled down to key messages and potential dangers and pitfalls will be explored. At the end of the day participants will be well prepared to offer character strengths training for their own staff members and to work with colleagues to embed the language and activities of strengths throughout their school.

Key Learning Intention

The morning session is designed for participants interested in exploring, applying and embedding a language (and framework) of Character Strengths into their school. Participants will gain:

- A comprehensive understanding of the VIA Character Strengths classification
- Practical knowledge of a range of Character Strength applications
- Ideas on how character can be learned, practised and cultivated

During the afternoon session, participants will explore a wide array of practical examples from specific classroom activities and school-wide practices through to student assignments and homework activities which involve parents and other family members. Specific primary and secondary activities will be presented and discussed.

About the Trainers



Charlie Scudamore is the Vice Principal Geelong Grammar School. In 2006 Charlie visited the University of Pennsylvania's to find out more about the science, research and people associated with the Department of Positive Psychology. It was a fact finding visit after Professor Marty Seligman had visited Geelong Grammar School earlier in the year. Charlie at the time was the Vice-Principal and Head of the Corio Campus. He joined Geelong Grammar School in 1990 and has held many positions of responsibility including; Head of Geography, Head of a boys boarding house, Head of Timbertop and Head of Corio. Since Charlie's visit to the University of Pennsylvania he has been responsible for the development and implementation of Positive Education throughout the organisation. He has presented on Positive Education at many conferences in Australia and throughout the world, including a key note address at the Masters of Applied Positive Psychology Summit held in Philadelphia in 2014 and a visit to Finland to meet key Ministry of Education and University of Vassa Education Department personnel. Marty Seligman presented Charlie with the Inaugural Pioneer Award for Positive Psychology, for pioneering work in the application of Positive Psychology. In his role as Vice Principal he will be devoting much of his time working with Geelong Grammar School's newly formed Institute of Positive Education and lead the School's focus on Creativity and Innovation.

Justin Robinson is the inaugural Director of the Institute of Positive Education, based at Geelong Grammar School, Victoria, Australia, where he leads a team of staff dedicated to contributing to a flourishing world. His appointment follows a very successful career as a secondary school teacher, during which time he taught Mathematics and Physical Education, and was appointed to many leadership positions at both Trinity Grammar School and Geelong Grammar School, where he was Head of the Positive Education Department for four years. Other educational experiences Justin has enjoyed include a year teaching at Uppingham School in England, organising and leading the first ever student sailing expedition to Antarctica, and co-authoring current Australian Curriculum Mathematics textbooks. An enthusiastic sportsman, Justin has coached many school sporting teams and is a keen marathon runner. Justin and his wife Jeanette and their four children live on the Corio campus of Geelong Grammar School.



Janis Coffey is the Associate Director for the Institute of Positive Education. She has formerly been the Head of Teaching & Learning at Geelong Grammar's Toorak Campus and has been working in early childhood and primary education for over fifteen years. Janis began her journey into social-emotional learning through delivering drama therapy workshops in underprivileged schools in the USA. Janis is a Workshop Leader for the International Baccalaureate (IB) where she trains teachers in the Primary Years Programme (PYP) throughout the Asia-Pacific region. She has most recently been invited to act as a consultant for the Global PYP Review to provide challenge and stimulus to thinking and practice on key topics such as Creativity, Innovation and Student Well-being. She commenced the Masters of Applied Positive Psychology at the University of Melbourne in 2013. Janis' particular area of expertise is in mindfulness and meditation practices in which she has both personal commitment and experience in classroom application. Her love of the arts continues to find her in interesting projects in the world of theatre and film.